



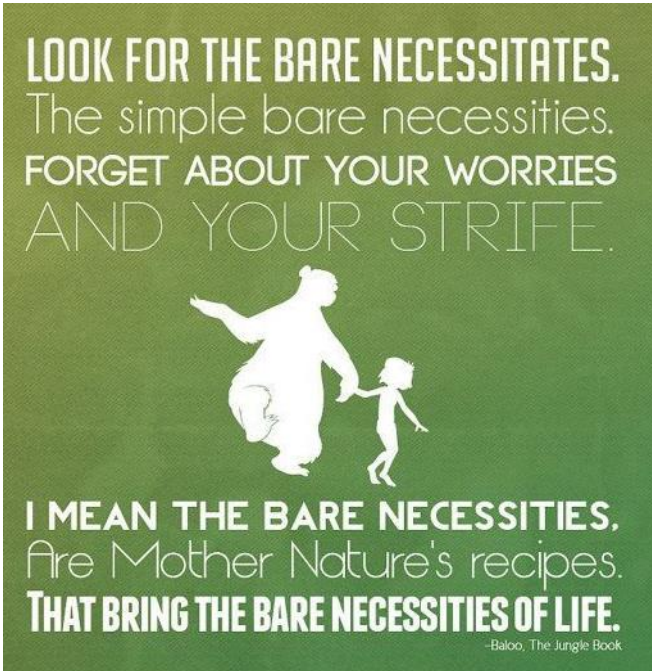
THE BEAR NECESSITIES

Buckhorn Public School Newsletter

1783 Lakehurst Rd. Buckhorn, K0L 1J0 * 1-705-657-8803

<https://buckhorn.kprdsb.ca/> *Twitter @BuckhornPs *YouTube

Welcome
September



Hello Buckhorn Bears,

My thanks to Christina Marris for Buckhorn's mascot, the bear. When I think of bears, my favorite is Baloo from Walt Disney's the Jungle Book. Baloo has a large heart and shares the happiness he has been fortunate enough to experience. What a better name for our newsletter than Baloo's theme song, The Bare (we will use Bear) Necessities, where monthly I will share the joy and accomplishments of students and staff.

I am very excited to be a part of the Buckhorn family. September stands for new starts, embracing old acquaintances and creating goals; everything is possible. In my time with KPR I have been lucky to have worked with the communities of Burnham, Harold Longworth and Chemong Public Schools. Prior to that, I was with Toronto District School Board as a K-8 teacher and then central Special Education support for grades K-12. My roots are in

Bobcaygeon and I currently reside just outside of Peterborough.

My career started over 20 years ago in the former Scarborough Board of Education which amalgamated into the Toronto District School Board. I was a teacher, then a Behaviour Specialist who coordinated with a Child and Youth Worker and Psychologist across all the schools the east side of Toronto. There I was given the opportunity to learn Restorative Practices in the Kapapamahchakwew (Wandering Spirit) School of Toronto and teach them to staff across the board. I also supported staff to make culturally, academically, and social emotionally appropriate programs to meet the needs of students and families.

In 2014 I came home to the Kawartha Pine Ridge District School Board as a vice principal at Harold Longworth and Chemong before being promoted to principal at Burnham and Queen Elizabeth. I am looking forward to our time together at Buckhorn.

A lot has affected each of our lives in the last few years; we each have a story. As I move to Buckhorn, I want to listen to each of your stories and collaborate on the priorities we establish, the new norms in our school, as well as continue to honour the traditions in our community.



Questions? Going directly to the staff that can answer your question is always the best first step, however my door will always be open to support so email, call or drop by. Together I trust we can find ways to support every student, and this, our community.

I look to continue the good work started by our wonderful staff, volunteers and families. In partnership,
Rachele Duffus



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September 7, What Do I Do?

1. Students will exit busses and walk-through gates towards the primary yard and through to the back yard.
2. Staff will be holding up signs up at the bell; please line up by grade.
3. Home room teachers will call student names and take them to classes.





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LET'S
KEEP
OUR
SCHOOL
CLEAN

Enhanced cleaning and health measures will continue this school year based on updates from the Provincial Government in the return to school plan.

- Anyone in the building must have a mask on except when sitting and eating. Year 1 and year 2 students are encouraged to wear a mask, but masks are not mandatory.
- Disinfection of touch points will occur after the students are in class and then again after lunch. These disinfection rounds will focus on public/shared spaces including washrooms, exit/entrance doors, bottle fill stations and main reception areas.
- There will be no stacking of chairs in any spaces.
- Area carpets will remain out of the classrooms at this time.



Message from the Office.

We are so excited to return to in school learning and look forward to seeing everyone.

We wanted to let parents and guardians know that over the summer Kawartha Pine Ridge District School Board has cultivated a new relation with Aspen.

Aspen is a computer program/system that houses all our student information. We are working hard to establish our best practices with this brand new system but please have patience if some items we could easily provide before may take a few days to get for you. We are lucky to have an IT department working to provide all needed help to our schools during this transition.

Thank you for your patience and understanding.

Take the COVID-19
self-assessment



Every morning before heading to school, staff and students **must** complete the daily self-screening, available at

<https://covid-19.ontario.ca/school-screening/>.



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2021-2022 Bell Schedule

8:20 - 8:50 Breakfast; enter / exit exterior gym doors. Breakfast will not be served after 8:50 nor will students have access to the building. Food bins will be outside the main office daily. Supervision begins on the yard.

8:55 - 9:45 Period 1 Music will start to give student the heads up that they need to be settled in class. After the music we will have announcements and attendance.

9:45-10:35 Period 2

10:35 - 10:55 Lunch / **10:55 -11:15** Recess

11:15 - 11:55 Period 3 & 5 settles in with a 5-minute meditation. This will sound like guided breathing or calming meditations played throughout the school; a great way to focus ourselves for the last learning block.

11:55 - 12:55 Period 4

12:55 - 1:20 Lunch / **1:15 - 1:35** Recess

1:35 - 2:15 Period 5; 5-minute meditation.

2:15 - 3:15 Period 6

3:15 Dismissal. Parents are asked to wait outside until students are dismissed by teachers. If you need to pick up your child early, please buzz the office and they will be paged.

3:40 Supervision ends.



School Messenger Student Absence Reporting System



Hello to all KPR families! This message is about the new automated Student Absence Report System that will be introduced in all KPR schools starting in September 2018.

This change means **you will need to create a NEW account to report your children's absences online.**

To create your new account and register your children for the new automated system, please visit studentabsence.kprdsb.ca . If you use the mobile app, please search for

SchoolMessenger (one word) on Google Play Store or Apple App Store.

Once you have re-registered your child, you once again will be able to inform the school of your child's upcoming absences at:

- studentabsence.kprdsb.ca
- 1-844-434-8119
- the **SchoolMessenger mobile app** on your cell phone or tablet.

Every family is receiving a magnet with the new web address, phone number and mobile app info. Re-registering will allow you to report all of your children's upcoming absences at a time that's convenient for you - 24 hours a day, seven days a week.



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School Cash Online

Paying school items just got easier!
Sign up to get started today.

What is School Cash Online?
School Cash Online is an easy to use, safe way to pay your children's school fees.

Get Started Today Sign Into Your Account



Step 1: Register

a) If you have not registered, please go to the *School Cash Online* home page <https://kprdsb.schoolcashionline.com/> and select the "Get Started Today" option.

b) Complete each of the three Registration Steps

**For Security Reasons your password, requires 8 characters, one uppercase letter, one lowercase letter and a number.*

Step 2: Confirmation Email

A registration confirmation email will be forwarded to you. Click on the link provided inside the email to confirm your email and *School Cash Online* account. The confirmation link will open the *School Cash Online* site prompting you to sign into your account. Use your email address and password just created with your account.

Step 3: Find Student

This step will connect your children to your account.

- Enter the School Board Name.
- Enter the School Name.
- Enter Your Child's First Name, Last Name and Birth Date.
- Select *Continue*.
- On the next page confirm that you are related to the child, check in

the Agree box and select *Continue*.

f) Your child has been added to your account.

Step 4: View Items or Add Another Student

If you have more children, select "Add Another Student" and repeat the steps above. 8 children can be added to one parent account. If you do not wish to add additional children, select "View Items For Students" option. A listing of available items for purchase will be displayed.



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Parent Resource for Edsby

<https://www.kprschools.ca/en/staff/departments/ict/ParentResources.html>

How to Use Google Classroom for Parents!

<https://www.youtube.com/watch?v=lgS-hoSljnw>

NEXT SCHOOL COUNCIL MEETING will be on our School Website; come join us!



We thank you for all the support School Council provides for each and every student at Buckhorn PS. We look forward to seeing you.



STUDENT MEDICAL INFORMATION



Just a reminder to please inform the school of any medical information or concerns you may have for your child.

Allergies, medications (home or during school hours), medical conditions, etc. There are forms we can send home electronically or physically to be filled out and sent back in.

If your child has previously had medication kept at the school, such as an EpiPen, please contact the office to ensure it has not expired.

Thank you for your cooperation.



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“Land acknowledgments are a stepping stone to honouring broken treaty relationships.”

What is a land Acknowledgment?

“Land acknowledgments are an honest and historically accurate way to recognize the traditional First Nations, Métis and/or Inuit territories of a place. They can be presented verbally or visually: think signage, short theatre presentations or simple spoken-word greetings. They commemorate Indigenous peoples' principal kinship to the land—and the fact that we have not and cannot be erased from her, our collective first mother. “They’re a starting place to a change in how the land is seen and talked about,” she says. “[They] help redefine how people place themselves in relation to First Peoples.”

Why are Land Acknowledgments Necessary?

Inspired by the 94 recommended calls to action contained in the Truth and Reconciliation Commission of Canada (now known as the National Centre for Truth and Reconciliation, or NCTR), land acknowledgments are a necessary first step toward honouring the original occupants of a place. They also help Canadians recognize and respect Indigenous peoples' inherent kinship beliefs when it comes to the land, especially since those beliefs were restricted for so long.

<https://locallove.ca/issues/what-are-land-acknowledgements-and-why-do-they-matter/#.YN9LIuhKjIU>



In September we celebrate the KPR Character Education Trait of Optimism. To be optimistic means:

- I have a positive attitude
- I see challenges as opportunities
- I think, speak and act to make the world a better place
- I have hope for the future

Every month we are going to explore an Indigenous teaching. Of all the North American Indigenous teachings, the 7 Grandfather Teachings are the most commonly shared from coast to coast. Many Aboriginal organizations and communities have adopted the 7 guiding principals, in one form or another, as a moral stepping stone and cultural foundation. Student will be recognized for exemplifying these teachings and traits.



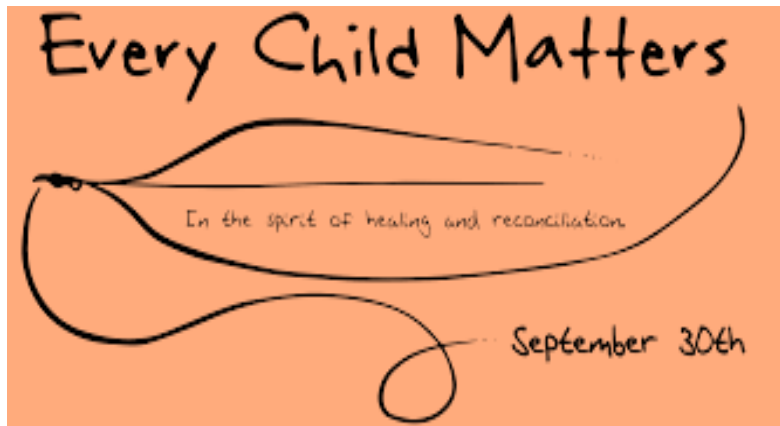
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Orange Shirt Day is a legacy of the St. Joseph Mission residential school commemoration event held in Williams Lake in the spring of 2013. It grew out of Phyllis's account of losing her shiny new orange shirt on her first day of school, and it has become an opportunity to keep the discussion on all aspects of residential schools happening annually.

Orange Shirt Day is also an opportunity for First Nations, local governments, schools and community agencies to come together in the spirit of reconciliation and hope for generations of children to come.

<https://www.orangeshirtday.org/>

This Orange Shirt Day we invite anyone in our community to paint a rock orange then express their feelings in words or a drawing about the children found in a mass graves on the grounds of former residential schools.

Classes will place the rocks in honour of all residential children and their survivors in a location on the school grounds of their choosing.



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Illustrated Mathematics Dictionary: This month we learn about Patterns

Patterns are ordered sets of numbers, shapes or other mathematical objects things arranged following a rule or rules. There are multiple ways to make patterns and all beginning with a core.

<p>Core: the smallest unit in a pattern that repeats.</p> <p>Step: each item in sequence is a step.</p> <p>Step 1 Step 2 Step 3 Step 4 Step 5 Step 6 Step 7</p> <p>LEARN ZIL</p>	<p>► In this pattern, shape and colour change.</p> <p>The core of a repeating pattern is the smallest part that repeats.</p> <p>The core of this pattern is: </p> <p>The pattern rule is: Large red circle, large blue triangle</p>
<p>Arithmetic Sequences</p> <p>An Arithmetic Sequence is made by adding the same value each time.</p> <p>Example:</p> <p>1, 4, 7, 10, 13, 16, 19, 22, 25, ...</p> <p>This sequence has a difference of 3 between each number. The pattern is continued by adding 3 to the last number each time, like this:</p>	<p>Geometric Sequences</p> <p>A Geometric Sequence is made by multiplying by the same value each time.</p> <p>Example:</p> <p>1, 3, 9, 27, 81, 243, ...</p> <p>This sequence has a factor of 3 between each number. The pattern is continued by multiplying by 3 each time, like this:</p>
<p>Tonic Patterns in C Major</p>	<p>Dominant Patterns in C Major</p>
<p>How to Teach Yourself to Breakdance</p>	



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What are Personal Pronouns and Why do They Matter?

WHY PRONOUNS MATTER

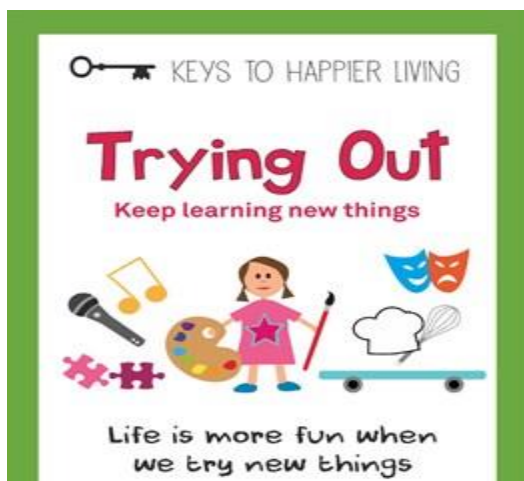


“In English, whether we realize it or not, people frequently refer to us using pronouns when speaking about us. Often, when speaking of a singular human in the third person, these pronouns have a gender implied -- such as “he” to refer to a man/boy or “she” to refer to a woman/girl. These associations are not always accurate or helpful. Often, people make assumptions about the gender of another person based on the person’s appearance or name. These assumptions aren’t always correct, and the act of making an assumption (even if correct) sends a potentially harmful

message -- that people have to look a certain way to demonstrate the gender that they are or are not. Using someone’s correct personal pronouns is a way to respect them and create an inclusive environment, just as using a person’s name can be a way to respect them. Just as it can be offensive or even harassing to make up a nickname for someone and call them that nickname against their will, it can be offensive or harassing to guess at someone’s pronouns and refer to them using those pronouns if that is not how that person wants to be known. Or, worse, actively choosing to ignore the pronouns someone has stated that they go by could imply the oppressive notion that intersex, transgender, nonbinary, and gender nonconforming people do not or should not exist.”

[HTTPS://WWW.MYPRONOUNS.ORG/WHAT-AND-WHY](https://www.mypronouns.org/what-and-why)

At Buckhorn, we respect individual’s choice in their personal pronoun and encourage everyone to place their personal pronoun under their email signature.



Keys to Happier Living

Western neuroscience (the science of the brain) has now confirmed what Eastern wisdom has known for a long time: happiness is a skill we can learn.

Research shows that happiness, compassion and kindness are the products of skills that can be learned and enhanced through training, thanks to the neuroplasticity of our brains.

Every month we will present you with a challenging action to take to increase your happiness.

"I will try to create more happiness and less unhappiness in the world around me"







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*Welcome
September*

8:20 Supervision Begins Breakfast club					
Follow us on Twitter! Connect with us on EDSBY! Check out our YouTube channel (coming soon!)					
Monday	Tuesday	Wednesday	Thursday	Friday	
Holiday	7 Day 1 	8 Day 2	9 Day 3	10 Day 4	
13 Day 5	14 Day 1	15 Day 2	16 Day 3	17 Day 4	
20 Day 5	21 Day 1	22 Day 2	23 Day 3	24 Day 4 	
27 Day 5	28 Day 1	29 Day 2	30 Day 3  	1 Day 4	



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Gr. 4 / 5
Gr. 5 / 6
French / SERT
Library / JK/SK
Primary Planning